ELF Choc Sunseed Bar

Nutrition Facts

Serving Size 1 bar (34g)
Serving Per Container 5

Amount Per Serving

Calories 140	Calories from Fat 60
	% Daily Value *
Total Fat 7g	**11**%
Saturated Fat 1.5g	**8**%
Trans Fat 0g	
Cholesterol 0mg	**0**%
Sodium 90mg	**4**%
Total Carbohydrate 19g	**6**%
Dietary Fiber 1g	**4**%
Sugars 9g	
Protein 3g	

Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.